

SEASON PROGRAM 2013-2014

	A	B	C	D	E
Week 1 8-Oct-13	EV 5 100 FREE EV 10 100 BREAST EV 15 50 FREE	EV 4 100 FREE EV 9 100 BREAST EV 14 50 FREE	EV 3 50 FREE EV 8 50 BREAST EV 13 100 FREE	EV 2 25 FREE EV 7 25 BREAST EV 12 25 FREE	EV 1 15 FREE EV 6 15 BREAST EV 11 15 FREE
Week 2 15-Oct-13	EV 5 100 FREE EV 10 100 FLY EV 15 50 BREAST	EV 4 100 FREE EV 9 100 FLY EV 14 50 BREAST	EV 3 50 FREE EV 8 50 FLY EV 13 100 BREAST	EV 2 25 FREE EV 7 25 FLY EV 12 25 BREAST	EV 1 15 FREE EV 6 15 FLY EV 11 15 BREAST
Week 3 22-Oct-13	EV 5 50 FREE EV 10 100 BACK EV 15 200 IM	EV 4 50 FREE EV 9 100 BACK EV 14 200 IM	EV 3 100 FREE EV 8 50 BACK EV 13 100 IM	EV 2 25 FREE EV 7 25 BACK EV 12 50 IM	EV 1 15 FREE EV 6 15 BACK EV 11 15 FLY
Week 4 29-Oct-13	EV 5 100 FREE EV 10 100 BREAST EV 15 50 BACK	EV 4 100 FREE EV 9 100 BREAST EV 14 50 BACK	EV 3 50 FREE EV 8 50 BREAST EV 13 100 BACK	EV 2 25 FREE EV 7 25 BREAST EV 12 25 BACK	EV 1 15 FREE EV 6 15 BREAST EV 11 15 BACK
Week 5 05-Nov-13	EV 5 50 FREE EV 10 100 FLY EV 15 200 FREE	EV 4 50 FREE EV 9 100 FLY EV 14 200 FREE	EV 3 50 FREE EV 8 50 FLY EV 13 100 FREE	EV 2 25 FREE EV 7 25 FLY EV 12 25 FREE	EV 1 15 FREE EV 6 15 FLY EV 11 15 FREE
Week 6 12-Nov-13	EV 5 100 FREE EV 10 100 BACK EV 15 50 FLY	EV 4 100 FREE EV 9 100 BACK EV 14 50 FLY	EV 3 50 FREE EV 8 50 BACK EV 13 50 FLY	EV 2 25 FREE EV 7 25 BACK EV 12 25 FLY	EV 1 15 FREE EV 6 15 BACK EV 11 15 FLY
Week 7 19-Nov-13	EV 5 100 FREE EV 10 100 BREAST EV 15 200 IM	EV 4 100 FREE EV 9 100 BREAST EV 14 200 IM	EV 3 50 FREE EV 8 50 BREAST EV 13 100 IM	EV 2 25 FREE EV 7 25 BREAST EV 12 50 IM	EV 1 15 FREE EV 6 15 BREAST EV 11 15 BACK
Week 8 26-Nov-13	EV 5 100 FREE EV 10 100 FLY EV 15 50 BREAST	EV 4 100 FREE EV 9 100 FLY EV 14 50 BREAST	EV 3 50 FREE EV 8 50 FLY EV 13 100 BREAST	EV 2 25 FREE EV 7 25 FLY EV 12 25 BREAST	EV 1 15 FREE EV 6 15 FLY EV 11 15 BREAST
Week 9 03-Dec-13	EV 5 100 FREE EV 10 100 BACK EV 15 200 IM	EV 4 100 FREE EV 9 100 BACK EV 14 200 IM	EV 3 50 FREE EV 8 50 BACK EV 13 100 IM	EV 2 25 FREE EV 7 25 BACK EV 12 50 IM	EV 1 15 FREE EV 6 15 BACK EV 11 15 FREE
Week 10 10-Dec-13	EV 5 50 FREE EV 10 100 BREAST EV 15 50 BACK	EV 4 50 FREE EV 9 100 BREAST EV 14 50 BACK	EV 3 100 FREE EV 8 50 BREAST EV 13 100 BACK	EV 2 25 FREE EV 7 25 BREAST EV 12 25 BACK	EV 1 15 FREE EV 6 15 BREAST EV 11 15 BACK
Week 11 17-Dec-13	***** CHRISTMAS PARTY *****				
	A	B	C	D	E
Week 12 14-Jan-14	EV 5 100 FREE EV 10 100 FLY EV 15 200 IM	EV 4 100 FREE EV 9 100 FLY EV 14 200 IM	EV 3 50 FREE EV 8 50 FLY EV 13 100 IM	EV 2 25 FREE EV 7 25 FLY EV 12 50 IM	EV 1 15 FREE EV 6 15 FLY EV 11 15 BACK
Week 13 21-Jan-14	EV 5 100 FREE EV 10 100 BACK EV 15 50 FLY	EV 4 100 FREE EV 9 100 BACK EV 14 50 FLY	EV 3 50 FREE EV 8 50 BACK EV 13 50 FLY	EV 2 25 FREE EV 7 25 BACK EV 12 25 FLY	EV 1 15 FREE EV 6 15 BACK EV 11 15 FLY
Week 14 28-Jan-14	EV 5 50 FREE EV 10 100 BREAST EV 15 200 FREE	EV 4 50 FREE EV 9 100 BREAST EV 14 200 FREE	EV 4 50 FREE EV 10 50 BREAST EV 16 100 FREE	EV 2 25 FREE EV 7 25 BREAST EV 12 25 FREE	EV 1 15 FREE EV 6 15 BREAST EV 11 15 FREE
Week 15 04-Feb-14	EV 5 100 FREE EV 10 50 FLY EV 15 100 BACK *	EV 4 100 FREE EV 9 50 FLY EV 14 100 BACK *	EV 3 50 FREE EV 8 50 FLY EV 13 100 BACK	EV 2 25 FREE EV 7 25 FLY EV 12 25 BACK	EV 1 15 FREE EV 6 15 FLY EV 11 15 BACK
	200 BACK CLUB CHAMPIONSHIP EVENT * swimmers may swim the 200m Club Champ event as an alternative to the 3rd event				
Week 16 11-Feb-14	EV 5 100 FREE EV 10 50 BACK EV 15 100 BREAST *	EV 4 100 FREE EV 9 50 BACK EV 14 100 BREAST *	EV 3 50 FREE EV 8 50 BACK EV 13 100 BREAST	EV 2 25 FREE EV 7 25 BACK EV 12 25 BREAST	EV 1 25 FREE EV 6 25 BACK EV 11 15 BREAST
	200 BREAST CLUB CHAMPIONSHIP EVENT * swimmers may swim the 200m Club Champ event as an alternative to the 3rd event				
Week 17 18-Feb-14	EV 5 100 FREE EV 10 50 BREAST EV 15 100 FLY *	EV 4 100 FREE EV 9 50 BREAST EV 14 100 FLY *	EV 3 50 FREE EV 8 50 BREAST EV 13 50 FLY	EV 2 25 FREE EV 7 25 BREAST EV 12 25 FLY	EV 1 25 FREE EV 6 25 BREAST EV 11 15 FLY
	200 FLY CLUB CHAMPIONSHIP EVENT * swimmers may swim the 200m Club Champ event as an alternative to the 3rd event				
Week 18 25-Feb-14	EV 5 50 FREE EV 10 50 FLY EV 15 100 FREE *	EV 4 50 FREE EV 9 50 FLY EV 14 100 FREE *	EV 3 50 FREE EV 8 50 FLY EV 13 100 FREE	EV 2 25 FREE EV 7 25 FLY EV 12 25 FREE	EV 1 25 FREE EV 6 25 FLY EV 11 15 FREE
	400 FREE CLUB CHAMPIONSHIP EVENT * swimmers may swim the 200m Club Champ event as an alternative to the 3rd event				
Week 19 4-Mar-14	***** LAPS FOR CASH *****				
Saturday 15-Mar-14 12.00pm	***** CLUB CHAMPIONSHIPS*****				
Saturday 03-05-14	***** PRESENTATION EVENING *****				